

Online courses for parents and parents-to-be

FREE for parents, grandparents and carers in Wales

From bump to 19 years
Lifetime access



Access Code:

If you live in **North Wales*** use code:

*Anglesea, Gwynth, Conway, Denbighshire, Flintshire, Wrexham

NWSOL

For the **rest of Wales**
use access code:

SWSOL

Go to www.inourplace.co.uk

Apply the 'access code' for FREE access!
Fill in some details and create an account

To return to the course(s) go to
www.inourplace.co.uk and sign in!

For technical support contact
solihull.approach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm



SolihullApproach



@SolihullAproach (NB: 1 'p')

www.solihullapproachparenting.com www.inourplace.co.uk

Do you live in Wales?

FREE online courses for all residents

Understanding Pregnancy, Labour, Birth and Your Baby

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

Understanding Your Baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

Understanding Your Child (0-19 yrs)

Popular **online** course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

Understanding Your Teenagers' Brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.



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(+44) 0121 296 4448

www.solihullapproachparenting.com

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The Solihull Approach was developed
by Psychologists, Psychotherapists,
Health Visitors & NHS and
Education Professionals
Award winning • Not for profit



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